GUIDE FOR AUTHORS

INTRODUCTION
The Journal of Optometry (Optom) is the scientific peer-reviewed publication of the Spanish General Council of Optometrists (https://www.cgcoo.es). Audience of J Optom includes Optometrists, Ophthalmologists and Visual Scientists as well as undergraduate and postgraduate students in these fields.

The J Optom publishes Full-Length Original Articles, Scientific Letters, Critical Reviews, Editorials, Letters to Editor and other Authors. Manuscripts must be submitted in English language.

Types of article

Full-length Original Articles
Full-length Original Articles follow the general Instructions to Authors of J Optom in sections 3 and 4. Manuscripts should have a maximum length of 20 Din A4 pages include a 250-word structured Abstract (Purpose, Methods, Results and Conclusion), Introduction, Methods, Results, Discussion, and up to 4 tables and 4 figures (with their corresponding foot notes) will be accepted. Keywords will be required. There should be no more than 20-30 literature references. For the preparation of controlled clinical trials the CONSORT guidelines should be followed. Available at: http://www.consort-statement.org/

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All authors should have made substantial contributions to all of the following: (1) the conception and design of the study, or acquisition of data, or analysis and interpretation of data, (2) drafting the article or revising it critically for important intellectual content, (3) final approval of the version to be submitted.
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Randomized controlled trials should be presented according to the CONSORT guidelines. At manuscript submission, authors must provide the CONSORT checklist accompanied by a flow diagram that illustrates the progress of patients through the trial, including recruitment, enrollment, randomization, withdrawal and completion, and a detailed description of the randomization procedure. The CONSORT checklist and template flow diagram are available online.

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A structured abstract, by means of appropriate headings, should provide the context or background for the research and should state its purpose, basic procedures (selection of study subjects or laboratory animals, observational and analytical methods), main findings (giving specific effect sizes and their statistical significance, if possible), and principal conclusions. It should emphasize new and important aspects of the study or observations.

**Keywords**

Immediately after the abstract, provide a maximum of 6 keywords, using British spelling and avoiding general and plural terms and multiple concepts (avoid, for example, 'and', 'of'). Be sparing with abbreviations: only abbreviations firmly established in the field may be eligible. These keywords will be used for indexing purposes.

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