GUIDE FOR AUTHORS

INTRODUCTION

REC: CardioClinics (ISSN 2605-1532, eISSN 2605-1575) is an official journal of the Spanish Society of Cardiology within the REC publications family (REC publications) devoted to the study, prevention and treatment of cardiovascular diseases. REC: CardioClinics is an international, quarterly, scientific journal that covers the study, prevention and management of clinical cardiovascular medicine. It publishes articles in their language of reception (Spanish or English) in its digital edition. The journal adheres to the norms of the International Committee of Medical Journal Editors and the directives of the Committee on Publication Ethics. REC: CardioClinics is indexed on ScienceDirect, Scopus, Google Scholar and Latindex.

REC: CardioClinics publishes the following types of papers: original articles on clinical research, scientific letters, images in cardiology, the Resident’s corner articles, letters to the Editor, editorials, reviews of current subjects and special articles. REC: CardioClinics follows a double-blind peer review model, which means that both the authors and reviewers are anonymous. The original articles, scientific letters and images in cardiology that the editorial team consider fit the editorial line of the journal are assessed by external peer review designated by the Editors. Furthermore, the team can submit articles from the remaining categories for review if they deem it appropriate. Decisions are communicated by email. Articles sent to REC: CardioClinics must be original and must not have been published beforehand or be under review in any other publication.

Acceptance for publication is based on the originality, scientific quality, impact on cardiovascular disease and the editorial line of the journal. Editorial articles, review articles, special articles and the Resident’s corner articles will only be considered upon prior request by the Editor. However, proposals can be sent by email for the attention of the Editor-in-Chief to rec@cardioclinics.org. The editorial priority of these manuscripts will be assessed fundamentally by the editorial team, who will send the manuscript for external review if they deem it necessary.

Papers accepted for publication will remain the property of the Spanish Society of Cardiology and their total or partial reproduction must be duly authorised. The corresponding author must complete the letter of assignment of these rights once the article has been accepted.

Types of article

Original articles

Clinical research papers and other original contributions on the aetiology, pathophysiology, pathological anatomy, epidemiology, diagnosis and treatment of cardiovascular diseases. The maximum length will be 5000 words, excluding the tables alone. The manuscript will comprise:
• Title in Spanish and English (fewer than 120 characters, including spaces).
• Structured abstract in Spanish (maximum 250 words) and keywords (from 3 to 5). It will be structured into 4 sections: a) Introduction and objectives; b) Methods; c) Results, and d) Conclusions. It must not contain references. A maximum of 3 abbreviations will be accepted provided they are recognised by the scientific community and have been used a minimum of 3 times. If an abbreviation is used for the first time, it will be preceded by the complete term; unless it is a common unit of measurement (this does not include effect units). Acronyms of the names of studies, trials, registries and scales will be accepted without spelling them out the first time, as long as they are widely used in the literature.
• Structured abstract in English and keywords, with an identical structure to the Spanish abstract.
• Table of abbreviations (maximum of 6, from the most frequent in the text).
• The text will comprise the following sections: a) Introduction; b) Methods; c) Results; d) Discussion, and e) Conclusions. Each section can be organised into subsections.
• Key points. The following information will be included at the end of the article: - What is known about the subject? Write 3 or 4 sentences that summarise the essential points on what is known about the subject of research (maximum of 100 words in total). - Does it contribute anything new? Write 3 or 4 sentences to summarise the key points of the new contribution the paper is making (maximum 100 words in total).
• References.
• Tables (optional).
• Figure legends and figures (optional).

Within this typology, articles on study methodology will also be considered for publication, which meet the following norms:

• Randomised clinical trial
• Awarded the consent of the CEIC (Coordinating Centre of Clinical Research Ethics Committees)
• Demonstrated funding
• Registered and endorsed by a clinical trial registry (e.g. www.clinicaltrials.gov)

**Scientific Letters**

This section will consider articles that include research with patients or basic science, single clinical cases, or case series of particular clinical relevance. They will be a maximum of 1500 words long, excluding the tables alone.

• Title in Spanish and English (fewer than 120 characters, including spaces).
• Maximum of 6 authors.
• With no abstract, keywords or hierarchy of titles and subtitles.
• Maximum of 6 references.
• Maximum of 2 elements (figures or tables).

**Images in cardiology**

This section includes observations or experiences relating to novel clinical, diagnostic and therapeutic aspects of any cardiovascular disorder with characteristics that can be illustrated by a figure and summarised in a brief text, with a maximum of 250 words.

• Title (in Spanish and English) fewer than 8 words.
• Maximum of 4 authors.
• The explanatory text contains the most relevant information, with no references or figure
letters. All the symbols in the images will be appropriately explained in the text.

- Maximum of 1 figure.

**Letters to the Editor**

This section refers to correspondence on editorial subjects, subjects generating scientific debate, or subjects relating to articles published in the journal. Only letters received within 12 months after publication of the reference article in an issue of REC: CardioClinics will be accepted for consideration. They will be a maximum of 800 words long.

- Title in Spanish and English (fewer than 120 characters, including spaces).
- Maximum of 4 authors.
- Maximum of 2 figures and no tables.

**Contact details for submission**

Submit your article through our manuscript management system [https://www.editorialmanager.com/cardioclinics/](https://www.editorialmanager.com/cardioclinics/), which will guide you step by step through the process of entering the details of your article and attaching files. The system will create a single PDF document with all the files that make up the manuscript in order to conduct the peer review process.

Authors will be able to view the status of their manuscript through the manuscript manager.

**Language**

This journal accepts articles for review in Spanish or English and publishes the articles accepted in their language of submission. Titles, abstracts and keywords will be published in both languages.

**Submission checklist**

You can use this list to carry out a final check of your submission before you send it to the journal for review. Please check the relevant section in this Guide for Authors for more details.

**Ensure that the following items are present:**

One author has been designated as the corresponding author with contact details:

- E-mail address
- Full postal address

All necessary files have been uploaded:

**Manuscript:**

- Include keywords
- All figures (include relevant captions)
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- Ensure all figure and table citations in the text match the files provided
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Further considerations

- Manuscript has been 'spell checked' and 'grammar checked'
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to declare
• Journal policies detailed in this guide have been reviewed
• Referee suggestions and contact details provided, based on journal requirements
• Declaration of Interest form: provide declarations of interest, even if there are no interests to declare

BEFORE YOU BEGIN

Ethics in publishing
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REC: CardioClinics is a member of the Committee on Publication Ethics (COPE, http://www.publicationethics.org/) and adheres to their recommendations and principles.

Studies in humans and animals
If the work involves the use of human subjects, the author should ensure that the work described has been carried out in accordance with The Code of Ethics of the World Medical Association (Declaration of Helsinki) for experiments involving humans. The manuscript should be in line with the Recommendations for the Conduct, Reporting, Editing and Publication of Scholarly Work in Medical Journals and aim for the inclusion of representative human populations (sex, age and ethnicity) as per those recommendations. The terms sex and gender should be used correctly.

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Changes to authorship
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Randomized controlled trials should be presented according to the CONSORT guidelines. At manuscript submission, authors must provide the CONSORT checklist accompanied by a flow
diagram that illustrates the progress of patients through the trial, including recruitment, enrollment, randomization, withdrawal and completion, and a detailed description of the randomization procedure. The CONSORT checklist and template flow diagram are available online.

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Subdivision - unnumbered sections
Divide your article into clearly defined sections. Each subsection is given a brief heading. Each heading should appear on its own separate line. Subsections should be used as much as possible when cross-referencing text: refer to the subsection by heading as opposed to simply 'the text'. 
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State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

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Results should be clear and concise.

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Conclusions
The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.

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If there is more than one appendix, they should be identified as A, B, etc.

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Structured abstract
A structured abstract, by means of appropriate headings, should provide the context or
background for the research and should state its purpose, basic procedures (selection of study subjects or laboratory animals, observational and analytical methods), main findings (giving specific effect sizes and their statistical significance, if possible), and principal conclusions. It should emphasize new and important aspects of the study or observations.

The headings will consist of: «Introduction and Objectives», «Methods», «Results» and «Conclusions».

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Although a graphical abstract is optional, its use is encouraged as it draws more attention to the online article. The graphical abstract should summarize the contents of the article in a concise, pictorial form designed to capture the attention of a wide readership. Graphical abstracts should be submitted as a separate file in the online submission system. Image size: Please provide an image with a minimum of 531 × 1328 pixels (h × w) or proportionally more. The image should be readable at a size of 5 × 13 cm using a regular screen resolution of 96 dpi. Preferred file types: TIFF, EPS, PDF or MS Office files. You can view Example Graphical Abstracts on our information site.
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Immediately after the abstract, provide a maximum of 5 keywords, and avoiding general and plural terms and multiple concepts (avoid, for example, 'and', 'of'). Be sparing with abbreviations: only abbreviations firmly established in the field may be eligible. These keywords will be used for indexing purposes.

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Define abbreviations that are not standard in this field in a footnote to be placed on the first page of the article. Such abbreviations that are unavoidable in the abstract must be defined at their first mention there, as well as in the footnote. Ensure consistency of abbreviations throughout the article.

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Collate acknowledgements in a separate section at the end of the article before the references and do not, therefore, include them on the title page, as a footnote to the title or otherwise. List here those individuals who provided help during the research (e.g., providing language help, writing assistance or proof reading the article, etc.).

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List funding sources in this standard way to facilitate compliance to funder's requirements:

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Follow internationally accepted rules and conventions: use the international system of units (SI). If other units are mentioned, please give their equivalent in SI.

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Please ensure that every reference cited in the text is also present in the reference list (and vice versa). Any references cited in the abstract must be given in full. Unpublished results and personal communications are not recommended in the reference list, but may be mentioned in the text. If these references are included in the reference list they should follow the standard reference style of the journal and should include a substitution of the publication date with either 'Unpublished results' or 'Personal communication'. Citation of a reference as 'in press' implies that the item has been accepted for publication.

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