



# Journal of Optometry

**AUTHORS INFORMATION PACK**

## **GUIDE FOR AUTHORS**

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### **INTRODUCTION**

The Journal of Optometry (Optom) is the scientific peer-reviewed publication of the Spanish General Council of Optometrists (<https://www.cgcoo.es>). Audience of J Optom includes Optometrists, Ophthalmologists and Visual Scientists as well as undergraduate and postgraduate students in these fields.

The J Optom publishes Full-Length Original Articles, Scientific Letters, Critical Reviews, Editorials, Letters to Editor and other Authors. Manuscripts must be submitted in English language.

### ***Types of article***

#### **Full-length Original Articles**

Full-length Original Articles follow the general Instructions to Authors of J Optom in sections 3 and 4. Manuscripts should have a maximum length of 20 Din A4 pages include a 250-word structured Abstract (Purpose, Methods, Results and Conclusion), Introduction, Methods, Results, Discussion, and up to 4 tables and 4 figures (with their corresponding foot notes) will be accepted. Keywords will be required. There should be no more than 20-30 literature references. For the preparation of controlled clinical trials the CONSORT guidelines should be followed. Available at: <http://www.consort-statement.org/>

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6 months of the Article's publication. Correspondence may correct errors, make comments, questions, or criticisms about published articles in the J Optom, or simply offer different points of view and additional information that could be relevant for the readership of the journal and the scientific community as a whole. Correspondence submitted should not exceed 500 words of text and 10 references. One of the references should be the Article in question. Figures and tables are not accepted. The authors of the articles discussed in the correspondence will be given an opportunity to respond, preferably in the same issue in which the original correspondence appears.

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All necessary files have been uploaded:

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- Ensure all figure and table citations in the text match the files provided
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Graphical Abstracts / Highlights files (where applicable)

Supplemental files (where applicable)

Further considerations

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Randomized controlled trials should be presented according to the CONSORT guidelines. At manuscript submission, authors must provide the CONSORT checklist accompanied by a flow diagram that illustrates the progress of patients through the trial, including recruitment, enrollment, randomization, withdrawal and completion, and a detailed description of the randomization procedure. The [CONSORT checklist and template flow diagram](#) are available online.

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It is important that the file be saved in the native format of the word processor used. The text should be in single-column format. Keep the layout of the text as simple as possible. Most formatting codes will be removed and replaced on processing the article. In particular, do not use the word processor's options to justify text or to hyphenate words. However, do use bold face, italics, subscripts, superscripts etc. When preparing tables, if you are using a table grid, use only one grid for each individual table and not a grid for each row. If no grid is used, use tabs, not spaces, to align columns. The electronic text should be prepared in a way very similar to that of conventional manuscripts (see also the [Guide to Publishing with Elsevier](#)). Note that source files of figures, tables and text graphics will be required whether or not you embed your figures in the text. See also the section on Electronic artwork.

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Divide your article into clearly defined sections. Each subsection is given a brief heading. Each heading should appear on its own separate line. Subsections should be used as much as possible when cross-referencing text: refer to the subsection by heading as opposed to simply 'the text'.

### *Introduction*

State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

### *Material and methods*

Provide sufficient detail to allow the work to be reproduced. Methods already published should be indicated by a reference: only relevant modifications should be described.

### *Results*

Results should be clear and concise.

### *Discussion*

This should explore the significance of the results of the work, not repeat them. A combined Results and Discussion section is often appropriate. Avoid extensive citations and discussion of published literature.

### *Conclusions*

The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.

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If there is more than one appendix, they should be identified as A, B, etc. Formulae and equations in appendices should be given separate numbering: Eq. (A.1), Eq. (A.2), etc.; in a subsequent appendix, Eq. (B.1) and so on. Similarly for tables and figures: Table A.1; Fig. A.1, etc.

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- **Corresponding author.** Clearly indicate who will handle correspondence at all stages of refereeing and publication, also post-publication. **Ensure that the e-mail address is given and that contact details are kept up to date by the corresponding author.**
- **Present/permanent address.** If an author has moved since the work described in the article



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A structured abstract, by means of appropriate headings, should provide the context or background for the research and should state its purpose, basic procedures (selection of study subjects or laboratory animals, observational and analytical methods), main findings (giving specific effect sizes and their statistical significance, if possible), and principal conclusions. It should emphasize new and important aspects of the study or observations.

### **Keywords**

Immediately after the abstract, provide a maximum of 6 keywords, using British spelling and avoiding general and plural terms and multiple concepts (avoid, for example, 'and', 'of'). Be sparing with abbreviations: only abbreviations firmly established in the field may be eligible. These keywords will be used for indexing purposes.

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Collate acknowledgements in a separate section at the end of the article before the references and do not, therefore, include them on the title page, as a footnote to the title or otherwise. List here those individuals who provided help during the research (e.g., providing language help, writing assistance or proof reading the article, etc.).

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List funding sources in this standard way to facilitate compliance to funder's requirements:

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If no funding has been provided for the research, please include the following sentence:

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### **References**

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3. Mettam GR, Adams LB. How to prepare an electronic version of your article. In: Jones BS, Smith RZ, editors. *Introduction to the electronic age*, New York: E-Publishing Inc; 2009, p.

281-304.

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4. Cancer Research UK. Cancer statistics reports for the UK, <http://www.cancerresearchuk.org/aboutcancer/statistics/cancerstatsreport/>; 2003 [accessed 13 March 2003].

Reference to a dataset:

[dataset] 5. Oguro M, Imahiro S, Saito S, Nakashizuka T. Mortality data for Japanese oak wilt disease and surrounding forest compositions, Mendeley Data, v1; 2015. <https://doi.org/10.17632/xwj98nb39r.1>.

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