



Revista Portuguesa de Cardiologia

INFORMACIÓN PARA EL AUTOR

GUÍA DE PUBLICACIÓN PARA AUTORES

INTRODUCTION

Revista Portuguesa de Cardiologia, órgão oficial da Sociedade Portuguesa de Cardiologia, foi fundada em 1982 com o objectivo de informar e formar os cardiologistas portugueses através da publicação de artigos científicos na área da arritmologia, cirurgia cardíaca, cuidados intensivos, doença coronária, ecocardiografia, electrofisiologia, hipertensão arterial, insuficiência cardíaca, métodos de imagem entre outros. Trata-se duma revista mensal de elevada qualidade científica e gráfica, publicada em português e em inglês desde 1999 o que permitiu a sua larga projecção no estrangeiro.

Types of article

The Journal accepts the following article types:

- Original Articles reporting clinical or basic research;
- Review Articles (including systematic reviews and meta-analyses) on clinical or basic science topics;
- Case Reports;
- Editorials, which are written at the invitation of the Editor and consist of commentary on articles published in the journal or on subjects of particular importance;
- Letters to the Editor, which consist of concise opinions on recently published articles;
- Images in Cardiology;
- Snapshots;
- Guidelines; and
- Current Perspectives.

Manuscripts submitted for publication should be prepared in accordance with the "Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals" of the International Committee of Medical Journal Editors (ICMJE). This document is available at <http://www.icmje.org/recommendations/>.

Original Articles

Original Articles cover areas of clinical or basic research. They should have a maximum of 5000 words, with a total of up to 15 tables and/or figures, and should be structured as follows: Abstract (maximum 250 words; divided into Introduction and Objectives, Methods, Results and Conclusion(s)); 3-10 keywords; Introduction; Objectives; Methods; Results; Discussion; Conclusion(s); Acknowledgements, if any; References (up to 75); and figure legends, if any.

Review Articles and Systematic Reviews

Review Articles should have a maximum of 5000 words, with a total of up to 15 tables and/or figures, and should be structured as follows: Abstract (maximum 250 words; unstructured); 3-10

keywords; Introduction; thematic sections at the discretion of the authors; Conclusion(s); Acknowledgements, if any; References (up to 100); and figure legends, if any.

Systematic Reviews should be structured as Introduction, Methods, Results, Discussion and Conclusion(s). The subject should be clearly defined. The objective of a systematic review should be to produce an evidence-based conclusion. The Methods should give a clear indication of the literature search strategy, data extraction, grading of evidence and analysis.

Systematic Reviews should not normally exceed 4000 words, with a total of up to 6 tables and/or figures and up to 100 references.

Authors are strongly recommended to consult the PRISMA statement (<http://www.prisma-statement.org/>), which is intended to help improve the reporting of systematic reviews and meta-analyses.

Case Reports

Case Reports should not exceed 3000 words. They should have an Abstract (maximum 200 words; unstructured), 3-6 keywords and up to 4 figures. The main text should be divided into Introduction; Case report; Discussion; Conclusion(s) (optional); References (up to 30); and figure legends, if any. They should not contain tables.

Images in Cardiology

Images in Cardiology should have a maximum of 250 words, without Abstract, keywords, tables, or division into sections and up to 5 references may be included.

Editorial Comment

Editorials are submitted at the invitation of the Editor. They should not exceed 1500 words and can contain up to 20 references and 1 table and 1 figure. They do not have an Abstract or keywords.

Letters to the Editor

Letters to the Editor on articles previously published in the Journal will be considered up to 8 weeks after the publication of the article in question. They should not exceed 800 words and can contain up to 2 figures but without Abstract, keywords or tables.

Snapshots

This section is intended for the publication of rare or educational cases or novel techniques in cardiology. The text should not exceed 500 words and up to 3 figures with brief captions and up to 5 references may be included.

Guidelines

In general, published statements intended to guide clinical care (e.g., guidelines, practice parameters, recommendations, consensus statements and position papers) should describe the clinical problem to be addressed, the mechanism by which the statement was generated, a review of the evidence for the statement (if available), and the statement on practice itself.

To minimize confusion and to enhance transparency, such statements should begin with the

following questions, followed by brief comments addressing each question:

- What other guideline statements are available on this topic?
- Why was this guideline developed?
- How does this statement differ from existing guidelines?
- Why does this statement differ from existing guidelines?

The statement should have an unstructured abstract of up to 350 words, 3 to 10 keywords and can include up to 4000 words, a total of up to 6 tables and/or figures and up to 100 references.

Current Perspective

This type of manuscript is submitted upon invitation by the Editorial Board. It may cover a broad diversity of themes focusing on cardiology and healthcare: current or emerging problems, management and health policies, history of medicine, society issues and epidemiology, among others. An author who wishes to propose a manuscript in this section is requested to send an abstract to the Editor-in-Chief including the title and Author list for evaluation. The text should not exceed 1200 words, and up to 10 references, two tables or two figures are allowed. An abstract is not required.

Contact details for submission

You can send your manuscript at <https://www.evise.com/profile/#/REPC/login>

Language

This journal is published in Portuguese and in English language.

The title (and abstract and key words if applicable) must be submitted in both English and Portuguese.

Articles submitted to the Journal should be clearly written in Portuguese (from Portugal) and/or English of a reasonable standard. Text may be edited to maintain linguistic quality and to conform with standard American English.

Submission checklist

You can use this list to carry out a final check of your submission before you send it to the journal for review. Please check the relevant section in this Guide for Authors for more details.

Ensure that the following items are present:

One author has been designated as the corresponding author with contact details:

- E-mail address
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All necessary files have been uploaded:

Manuscript:

- Include keywords
- All figures (include relevant captions)
- All tables (including titles, description, footnotes)
- Ensure all figure and table citations in the text match the files provided
- Indicate clearly if color should be used for any figures in print

Graphical Abstracts / Highlights files (where applicable)

Supplemental files (where applicable)

Further considerations

- Manuscript has been 'spell checked' and 'grammar checked'
 - All references mentioned in the Reference List are cited in the text, and vice versa
 - **Permission has been obtained for use of copyrighted material from other sources (including the Internet)**
 - A competing interests statement is provided, even if the authors have no competing interests to declare
 - Journal policies detailed in this guide have been reviewed
 - Referee suggestions and contact details provided, based on journal requirements
- For further information, visit our [Support Center](#).

CONSIDERACIONES PREVIAS

Ethics in publishing

Please see our information pages on [Ethics in publishing](#) and [Ethical guidelines for journal publication](#).

Human and animal rights

If the work involves the use of human subjects, the author should ensure that the work described has been carried out in accordance with [The Code of Ethics of the World Medical Association](#) (Declaration of Helsinki) for experiments involving humans; [Uniform Requirements for manuscripts submitted to Biomedical journals](#). The privacy rights of human subjects must always be observed. A statement must be included to the effect that the study was conducted in accordance with the amended Declaration of Helsinki, that the local institutional review board or independent ethics committee approved the protocol, and that written informed consent was obtained from all patients. The name of the committee, the name of the chairperson of the committee (or the person who approved the protocol), the date of approval and the approval number should follow this statement in the Methods section. For multicenter studies, a list of the relevant approvals may be provided in a separate document to be published as supplementary material.

All animal experiments should comply with the [ARRIVE guidelines](#) and should be carried out in accordance with the U.K. Animals (Scientific Procedures) Act, 1986 and associated guidelines, [EU Directive 2010/63/EU for animal experiments](#), or the National Institutes of Health guide for the care and use of Laboratory animals (NIH Publications No. 8023, revised 1978) and the authors should clearly indicate in the manuscript that such guidelines have been followed.

Declaration of interest

All authors must disclose any financial and personal relationships with other people or organizations that could inappropriately influence (bias) their work. Examples of potential conflicts of interest include employment, consultancies, stock ownership, honoraria, paid expert testimony, patent applications/registrations, and grants or other funding.

Authors must disclose any interests in two places: 1. A summary declaration of interest statement in the title page file (if double-blind) or the manuscript file (if single-blind). If there are no interests to declare then please state this: 'Declarations of interest: none'. This summary statement will be ultimately published if the article is accepted. 2. Detailed disclosures as part of a separate Declaration of Interest form, which forms part of the journal's official records. It is important for potential interests to be declared in both places and that the information matches. [More information](#).

Submission declaration and verification

Submission of an article implies that the work described has not been published previously (except in the form of an abstract or as part of a published lecture or academic thesis, see '[Multiple, redundant or concurrent publication](#)' section of our ethics policy for more information), that it is not under consideration for publication elsewhere, that its publication is approved by all authors and tacitly or explicitly by the responsible authorities where the work was carried out, and that, if accepted, it will not be published elsewhere in the same form, in English or in any other language, including electronically without the written consent of the copyright-holder. To verify originality, your article may be checked by the originality detection service [Crossref Similarity Check](#).

Authorship

All authors should have made substantial contributions to all of the following: (1) the conception and design of the study, or acquisition of data, or analysis and interpretation of data, (2) drafting the article or revising it critically for important intellectual content, (3) final approval of the version to be submitted, and (4) all authors should agree to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Changes to authorship

Authors are expected to consider carefully the list and order of authors **before** submitting their manuscript and provide the definitive list of authors at the time of the original submission. Any addition, deletion or rearrangement of author names in the authorship list should be made only **before** the manuscript has been accepted and only if approved by the journal Editor. To request such a change, the Editor must receive the following from the **corresponding author**: (a) the reason for the change in author list and (b) written confirmation (e-mail, letter) from all authors that they agree with the addition, removal or rearrangement. In the case of addition or removal of authors, this includes confirmation from the author being added or removed.

Only in exceptional circumstances will the Editor consider the addition, deletion or rearrangement of authors **after** the manuscript has been accepted. While the Editor considers the request, publication of the manuscript will be suspended. If the manuscript has already been published in an online issue, any requests approved by the Editor will result in a corrigendum.

Clinical trial results

In line with the position of the International Committee of Medical Journal Editors, the journal will not consider results posted in the same clinical trials registry in which primary registration resides to be prior publication if the results posted are presented in the form of a brief structured (less than 500 words) abstract or table. However, divulging results in other circumstances (e.g., investors' meetings) is discouraged and may jeopardise consideration of the manuscript. Authors should fully disclose all posting in registries of results of the same or closely related work.

Reporting clinical trials

Randomized controlled trials should be presented according to the CONSORT guidelines. At manuscript submission, authors must provide the CONSORT checklist accompanied by a flow diagram that illustrates the progress of patients through the trial, including recruitment, enrollment, randomization, withdrawal and completion, and a detailed description of the

randomization procedure. The [CONSORT checklist and template flow diagram](#) are available online.

Registration of clinical trials

Registration in a public trials registry is a condition for publication of clinical trials in this journal in accordance with [International Committee of Medical Journal Editors](#) recommendations. Trials must register at or before the onset of patient enrolment. The clinical trial registration number should be included at the end of the abstract of the article. A clinical trial is defined as any research study that prospectively assigns human participants or groups of humans to one or more health-related interventions to evaluate the effects of health outcomes. Health-related interventions include any intervention used to modify a biomedical or health-related outcome (for example drugs, surgical procedures, devices, behavioural treatments, dietary interventions, and process-of-care changes). Health outcomes include any biomedical or health-related measures obtained in patients or participants, including pharmacokinetic measures and adverse events. Purely observational studies (those in which the assignment of the medical intervention is not at the discretion of the investigator) will not require registration.

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PREPARACIÓN DEL MANUSCRITO

Peer review

This journal operates a rigorous single blind peer review process, in which manuscripts are sent to external reviewers selected from an extensive database. All contributions will be initially assessed by the editor for suitability for the journal. Papers deemed suitable are then typically sent to a minimum of two independent expert reviewers to assess the scientific quality of the paper. The Editor is responsible for the final decision regarding acceptance or rejection of articles. The Editor's decision is final. [More information on types of peer review](#).

Peer reviewers will respond to the Editor within 30 days recommending acceptance, revision or rejection. The Editor will decide within 10 days whether to accept the manuscript without modification, to send the reviewers' comments to the authors for modification, or to reject it. When modifications are proposed, the authors have 30 days (which can be extended on request) to submit a revised version of the manuscript, incorporating the comments of the reviewers and the Editor. Any amendments should be highlighted in a different colour. The Editor will decide within 10 days whether to accept the new version, reject it, or send it for further review by one or more reviewers.

Letters to the Editor and Editorials will be reviewed by the Editorial Board, but external peer review may also be requested.

Use of word processing software

It is important that the file be saved in the native format of the word processor used. The text should be in single-column format. Keep the layout of the text as simple as possible. Most formatting codes will be removed and replaced on processing the article. In particular, do not use the word processor's options to justify text or to hyphenate words. However, do use bold face, italics, subscripts, superscripts etc. When preparing tables, if you are using a table grid, use only one grid for each individual table and not a grid for each row. If no grid is used, use tabs, not spaces, to align columns. The electronic text should be prepared in a way very similar to that of conventional manuscripts (see also the [Guide to Publishing with Elsevier](#)). Note that source files of figures, tables and text graphics will be required whether or not you embed your figures in the text. See also the section on Electronic artwork.

To avoid unnecessary errors you are strongly advised to use the 'spell-check' and 'grammar-check' functions of your word processor.

Estructura del artículo

Subdivision

Divide your article into clearly defined sections. Each subsection is given a brief heading. Each heading should appear on its own separate line. Subsections should be used as much as

possible when cross-referencing text: refer to the subsection by heading as opposed to simply 'the text'. Use generic names of drugs (first letter: lowercase) whenever possible. Registered trade names (first letter: uppercase) should be marked with the superscript registration symbol ® or ™ when they are first mentioned.

The Journal recommends the guidelines for publication of the EQUATOR network (<http://www.equator-network.org>), including the CONSORT statement and its extensions for randomized trials (<http://www.consort-statement.org/>), STROBE for observational (cohort, case-control and cross-sectional) studies (<http://www.strobe-statement.org/>), STARD for diagnostic accuracy studies (<http://www.stard-statement.org/>), PRISMA for systematic reviews and meta-analyses (<http://www.prisma-statement.org/>), SQUIRE for quality improvement studies (<http://www.squire-statement.org/>) and CARE for case reports (<http://www.care-statement.org/>). Reporting of the statistical aspects of studies should be in accordance with the Statistical Analyses and Methods in the Published Literature (SAMPL) guidelines (<http://www.equator-network.org/reporting-guidelines/sampl/>).

Introduction

State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

Material and methods

Provide sufficient details to allow the work to be reproduced by an independent researcher. Methods that are already published should be summarized, and indicated by a reference. If quoting directly from a previously published method, use quotation marks and also cite the source. Any modifications to existing methods should also be described.

Results

Results should be clear and concise.

Discussion

This should explore the significance of the results of the work, not repeat them. A combined Results and Discussion section is often appropriate. Avoid extensive citations and discussion of published literature.

Conclusions

The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.

Cover letter and Essential title page information

Submission of an article must include a cover letter with the following information:

1. a brief description of the article's significance and/or interest;
2. a declaration of originality, specifying that none of the paper's contents have been published or are under consideration elsewhere;
3. a declaration that all authors have read and approved the manuscript;
4. a full disclosure of any potential conflict of interest for any of the authors;
5. and which manuscript type is being submitted for publication.

Title page must contain the following information:

- **Title.** Concise and informative. Titles are often used in information-retrieval systems. Avoid abbreviations and formulae where possible. Preferably not exceed 12 words. It may also include a subtitle of up to 4 words.
- **Author names and affiliations.** Please clearly indicate the given name(s) and family name(s) of each author and check that all names are accurately spelled. You can add your name between parentheses in your own script behind the English transliteration. Present the authors' affiliation addresses (where the actual work was done) below the names. Indicate all affiliations with a lower-case superscript letter immediately after the author's name and in front of the appropriate address. Provide the full postal address of each affiliation, including the country name and, if available, the e-mail address of each author.
- **Corresponding author.** Clearly indicate who will handle correspondence at all stages of refereeing and publication, also post-publication. This responsibility includes answering any future queries about Methodology and Materials. **Ensure that the e-mail address is given and that contact details are kept up to date by the corresponding author.**
- **Present/permanent address.** If an author has moved since the work described in the article was done, or was visiting at the time, a 'Present address' (or 'Permanent address') may be indicated as a footnote to that author's name. The address at which the author actually did the work must be retained as the main, affiliation address. Superscript Arabic numerals are used for such footnotes.
- **Word count** of the manuscript text.

Structured abstract

A structured abstract, by means of appropriate headings, should provide the context or background for the research and should state its purpose, basic procedures (selection of study subjects or laboratory animals, observational and analytical methods), main findings (giving specific effect sizes and their statistical significance, if possible), and principal conclusions. It should emphasize new and important aspects of the study or observations.

Abstracts for all article types should not contain any references. Abbreviations should be avoided or kept to a minimum.

The headings will consist of: Introduction and Objectives, Methods, Results and Conclusion(s))

Keywords

Immediately after the abstract, provide the keywords, using British spelling and avoiding general and plural terms and multiple concepts (avoid, for example, 'and', 'of'). Be sparing with abbreviations: only abbreviations firmly established in the field may be eligible. Keywords should ideally be selected from the list of MeSH terms available at www.nlm.nih.gov/mesh/. These keywords will be used for indexing purposes.

Abreviaturas

Abbreviations should be used only if the term occurs more than three times. An abbreviated term must be written out in full the first time it appears, followed by the abbreviation in parentheses, and only the abbreviation should be used thereafter. Example: "... acute coronary syndrome (ACS) is ... suffered ACS ... ACS occurs...."

All abbreviations in tables and figures must be accompanied by the full form of the term.

Abbreviations should not be used in the abstract, titles, headings or subheadings.

Ensure consistency of abbreviations throughout the article.

Acknowledgements

Collate acknowledgements in a separate section at the end of the article before the references and do not, therefore, include them on the title page, as a footnote to the title or otherwise. List here those individuals who provided help during the research (e.g., providing language help, writing assistance or proof reading the article, etc.)

Units

Follow internationally accepted rules and conventions: use the international system of units (SI). If other units are mentioned, please give their equivalent in SI.

Numbers less than 10 should normally be written as words and numbers 10 and greater should be written as Arabic numerals. A number that begins a sentence should be written as words.

Imágenes

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Whilst it is accepted that authors sometimes need to manipulate images for clarity, manipulation for purposes of deception or fraud will be seen as scientific ethical abuse and will be dealt with accordingly. For graphical images, this journal is applying the following policy: no specific feature within an image may be enhanced, obscured, moved, removed, or introduced. Adjustments of brightness, contrast, or color balance are acceptable if and as long as they do not obscure or eliminate any information present in the original. Nonlinear adjustments (e.g. changes to gamma settings) must be disclosed in the figure legend.

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- Relevant details should be indicated using arrows in colours contrasting with the background.
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A detailed [guide on electronic artwork](#) is available.

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Please make sure that artwork files are in an acceptable format (TIFF (or JPEG), EPS (or PDF) or MS Office files) and with the correct resolution. If, together with your accepted article, you submit usable color figures then, at no additional charge, these figures will appear in color online (e.g., ScienceDirect and other sites) in addition to color reproduction in print. [Further information on the preparation of electronic artwork.](#)

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Ensure that each illustration has a caption. Supply captions separately, not attached to the figure. A caption should comprise a brief title (**not** on the figure itself) and a description of the illustration. Keep text in the illustrations themselves to a minimum but explain all symbols and abbreviations used written out in full and in alphabetical order. Different panels in a figure should be identified by capital letters (Figure 1A, Figure 2C, Figure 3A and B, etc. in the text and (A), (B), (C-E), etc. in the captions).

Text graphics

Text graphics may be embedded in the text at the appropriate position. See further under Electronic artwork.

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Please submit tables as editable text and not as images. Tables can be placed either next to the relevant text in the article, or on separate page(s) at the end. Number tables consecutively in accordance with their appearance in the text and place any table notes below the table body. Be sparing in the use of tables and ensure that the data presented in them do not duplicate results described elsewhere in the article. Please avoid using vertical rules and shading in table cells.

All abbreviations used in the table must be written out in full, in alphabetical order, in the table legend immediately below the table. Footnotes may be used if necessary, indicated by superscript lower-case letters (^a, ^b, ^c etc.) in the table and in the legend. Asterisks (*, **, *** etc.) may be used to indicate p values only. If a table contains a reference cited in the text, it should be cited with the name of the first author and "et al." followed by the reference number without space (e.g. Millard et al.⁹).

Referencias bibliográficas

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Please ensure that every reference cited in the text is also present in the reference list (and vice versa). Any references cited in the abstract must be given in full. Unpublished results and personal communications are not recommended in the reference list, but may be mentioned in the text. If these references are included in the reference list they should follow the standard reference style of the journal and should include a substitution of the publication date with either 'Unpublished results' or 'Personal communication'. Citation of a reference as 'in press' implies that the item has been accepted for publication.

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As a minimum, the full URL should be given and the date when the reference was last accessed. Any further information, if known (DOI, author names, dates, reference to a source publication, etc.), should also be given. Web references can be listed separately (e.g., after the reference list) under a different heading if desired, or can be included in the reference list.

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Please ensure that the words 'this issue' are added to any references in the list (and any citations in the text) to other articles in the same Special Issue.

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List: Number the references in the list in the order in which they appear in the text.

Examples:

Reference to a journal publication:

17. Sousa PJ, Gonçalves PA, Marques H, et al. Radiação na AngioTC cardíaca: preditores de maior dose utilizada e sua redução ao longo do tempo. *Rev Port Cardiol.* 2010;**29**:1655-65.

Reference to a journal publication with an article number:

2. Van der Geer J, Hanraads JAJ, Lupton RA. The art of writing a scientific article. *Heliyon.* 2018;**19**:e00205. <https://doi.org/10.1016/j.heliyon.2018.e00205>.

Reference to a book:

30. Cohn PF. Silent myocardial ischemia and infarction. 3rd ed. New York: Mansel Dekker; 1993.

Reference to a chapter in an edited book:

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